

Yr 12 Level 2 Catering



In order to prepare you for the Level 2 Catering course we will be asking you to research and present on **one** of the topics below:

Vegan Diet

Vegetarian Diet

Diabetic Diet

Lactose Intolerant Diet

Once you have selected one of the above diet types you will base your presentation on these questions:

- What are the features of this type of diet?
- Who might follow this type of diet?
- What foods are restricted on this type of diet and why?

You will then need to give an example of a three course meal plan that could be eaten by someone on that particular diet.

Your presentation should include visuals and can be done on google slides or powerpoint. It should contain at least 3 slides and your presentation should last no more than 4 minutes.

You will be expected to present on your first few lessons of the new academic year so please have your work ready for the first day of term.

If you have any questions or need help with this task please contact Ms Ancilotto on her email: robin.ancilotto@southfieldsacademy.com