# PSYCHOLOGY HOLIDAY HOMEWORK TASKS                          Summer 2022

## Complete *at least* 3 tasks from the selection below and bring them with you to your first lesson.

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| **Research Task**<br>1. What is psychology?<br>2. What different types of psychologists are there?<br>3. What is the difference between psychology, criminology and forensic psychology?<br><br>Useful websites: https://www.bps.org.uk/ https://www.bps.org.uk/become-psychologist/additional-careers-resources | **Mental Health**<br>Watch the following TED talk about mental health. Summarise the key points<br><br>https://www.ted.com/talks/ruby_wax_what_s_so_funny_about_mental_illness/up-next<br><br>EXT: If you enjoy this, you could read Ruby Wax's excellent book 'Sane New World'. | **Research Task**<br><br>Psychopathology<br><br>Research the clinical characteristics (diagnostic criteria) of three different psychological disorders below:<br>Obsessive Compulsive Disorder (OCD)<br>Depression<br>Phobias | **Stress**<br><br>Watch the following TED talk about stress.<br>https://www.ted.com/talks/mikael_cho_the_science_of_stage_fright_and_how_to_overcome_it/up-next<br>summarise some of the key points |
| **Ethical issues**<br><br>Read and watch the information on ethical issues in psychology and summarise your learning in a mind map.<br><br>https://www.psychologywizard.net/ethics-ao1-ao2-ao3.html | **Memory**<br><br>Complete the following quiz to see how good your memory is. Can you remember all the finer details?<br><br>https://www.bbc.co.uk/cbbc/quizzes/how-good-is-your-memory-quiz<br><br>Once you have completed the quiz, create a quick mind map showing: what memory means to you, what can affect memory and how memory can be improved | **Memory**<br><br>Watch the following TED talk which discusses the reliability of memory and the impact of false memory.<br><br>https://www.youtube.com/watch?v=PB2Oegl6wvI<br><br>Reflect on the TED talk and make your own notes. | **Eyewitness testimony**<br><br>What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the research study by Loftus and Palmer – this is highlighted as a link within the text. https://www.simplypsychology.org/eyewitness-testimony.html<br>Make our own notes on the content. |

EXT: If you have access to Netflix watch '100 humans'